A Checklist for Internationalizing Your Educational Career at Pitt

Freshman Year

✓ Meet with a career counselor at the Career Development Office
✓ Participate in First Year Research through the Office of Experiential Learning
✓ Visit Study Abroad Office on the 8th Floor of the WPU and attend their Essentials session
✓ Attend at least two lectures/events hosted by Global Studies
✓ Join one of over 100 student groups and get involved

Sophomore Year

✓ Contact Study Abroad office and apply for scholarships through Nationality Rooms and Intercultural Exchange Programs
✓ Explore research options through the Honors College, the Office of Experiential Learning, and UCIS
✓ Attend at least three lectures/events hosted by Global Studies
✓ Volunteer through a student group, Keep it Real, or other university program
✓ Participate in the Emerging Leaders Program to develop marketable leadership skills
✓ Secure summer internship through the Career Development Office, use the Pitt Career Network to set up an informational interview and/or job shadowing experience with an alum who is in a global career of interest, use GSC’s online resource Global Guide to secure internships.

Junior Year

✓ Seek credit internship through your major department to gain professional experience
✓ Advance to a leadership role in a student organization related to your professional interests
✓ Contact Study Abroad office and apply for scholarships to study abroad through Nationality Rooms and Intercultural Exchange Programs

✓ Secure summer internship related to career goal (Use Global Guide as a reference)

✓ Visit the Office of Student Employment and Placement Assistance

✓ Begin to study a second or third international language

Senior Year

✓ Apply for Fulbright and other post degree research program or internships

✓ Start degree job search

✓ Explore graduate school options and scholarship opportunities

✓ Contact Study Abroad office and/or develop professional skills through internship