**Join the Zita Healthy Beginnings email list:** [**http://eepurl.com/hik5a1**](http://eepurl.com/hik5a1)  
website is: zitahealthy.org

Story on Zita

<https://www.publicsource.org/mothering-the-mother-sister-zita-iwuoha-combats-black-mother-mortality-in-allegheny-county-and-beyond/?fbclid=IwAR1CFWvLaOzVbZYd7FxFYvXyzR3oMJl0jPfeQ0QVFIZ9_1dazmIvEDekTfM>

**Article on Julie & Zita and today:** [**https://jewishchronicle.timesofisrael.com/these-two-pittsburghers-are-their-neighbors-keepers/?fbclid=IwAR1ZGjxa3aWVsCsWFzNuIlFP1BXckhL5aUa\_HX4LpBE69CQ5E9TSfEgCJ5k**](https://jewishchronicle.timesofisrael.com/these-two-pittsburghers-are-their-neighbors-keepers/?fbclid=IwAR1ZGjxa3aWVsCsWFzNuIlFP1BXckhL5aUa_HX4LpBE69CQ5E9TSfEgCJ5k)

**-------**

**Post on Social Media with  
 #silentslaughter   
 #endSARS   
#ObigboMassacre  
#LetThereBeLight (a global interfaith initiative to remember Kristallnacht tag)**

Rabbi Walter Jacob https://jewishchronicle.timesofisrael.com/remembering-kristallnacht/

<https://www.cnn.com/2018/11/10/opinions/kristallnacht-anniversary-pittsburgh-anti-semitism-rosenbaum/index.html>

http://www.claimscon.org/what-we-do/allocations/red/documentation/remembering-kristallnacht/

**The lost Jewish tribes of Nigeria still hope for aliyah**

https://www.israelhayom.com/2019/05/17/the-lost-jewish-tribes-of-nigeria-still-hope-for-aliyah/

**Riot or Rebellion?   
The Women's Market Rebellion of 1929**

<https://www.historians.org/teaching-and-learning/teaching-resources-for-historians/teaching-and-learning-in-the-digital-age/through-the-lens-of-history-biafra-nigeria-the-west-and-the-world/the-colonial-and-pre-colonial-eras-in-nigeria/the-womens-market-rebellion-of-1929>

**1966 anti-Igbo pogrom**   
https://sites.tufts.edu/atrocityendings/2015/08/07/nigeria-civil-war/

**United Nations Environment Programme (**[**UNEP**](https://en.wikipedia.org/wiki/UNEP)**) “*Environmental Assessment of Ogoniland Report*”**   
<https://www.unenvironment.org/explore-topics/disasters-conflicts/where-we-work/nigeria/environmental-assessment-ogoniland-report>  
  
**Shell oil spills in the Niger delta Shell has accepted liability for two massive oil spills that have had severe consequences for the economy, health and development of the community of Bodo in Nigeria**

https://www.theguardian.com/environment/gallery/2011/aug/03/shell-oil-spills-niger-delta-in-pictures

WAR ON WANT organization  
Polluted promises: how Shell failed to clean up Ogonilan  
<https://www.waronwant.org/resources/polluted-promises-how-shell-failed-clean-ogoniland?_ga=2.241422656.351515673.1604856625-1029308099.1604>

Nigeria: Civil society demands justice for peaceful protestors killed and respect for civil liberties

https://www.business-humanrights.org/en/latest-news/nigeria-civil-society-demands-justice-for-peaceful-protestors-killed-and-respect-for-civil-liberties/

**Read More about Women’s History in Nigeria**

**Igbo women campaign for rights (The Women's War)   
in Nigeria, 1929**

<https://nvdatabase.swarthmore.edu/content/igbo-women-campaign-rights-womens-war-nigeria-1929>

**ABA WOMEN’S RIOTS (NOVEMBER-DECEMBER 1929)**  
<https://www.blackpast.org/global-african-history/aba-womens-riots-november-december-1929/>

**Riot or Rebellion? The Women's Market Rebellion of 1929**

<https://www.historians.org/teaching-and-learning/teaching-resources-for-historians/teaching-and-learning-in-the-digital-age/through-the-lens-of-history-biafra-nigeria-the-west-and-the-world/the-colonial-and-pre-colonial-eras-in-nigeria/the-womens-market-rebellion-of-1929>

**Taxation, Women, and the Colonial State: Egba Women's Tax Revolt (1947-49)**

https://muse.jhu.edu/article/407888/summary

**Funmilayo Ransome-Kuti: and the Women's Union of Abeokuta**<https://unesdoc.unesco.org/ark:/48223/pf0000230929>

**Action Steps: Read Recent News Stories FROM NIGERIAN NEWS**

**South-East Governors meet Wike over IPOB**  
<https://www.vanguardngr.com/2020/11/south-east-governors-meet-wike-over-ipob/>

**OYIGBO KILLINGS: Withdraw soldiers in 72 hours or face ICC, INC tells Wike**  
<https://www.vanguardngr.com/2020/11/oyigbo-killings-withdraw-soldiers-in-72-hours-or-face-icc-inc-tells-wike/>

[**Attack On Peaceful Protesters Violates Human Rights Of Citizens - YPF**  
https://www.legit.ng/1381059-endsars-protests-young-parliamentarians-forum-asks-fg-compensate-families-victims.html](https://www.legit.ng/1381059-endsars-protests-young-parliamentarians-forum-asks-fg-compensate-families-victims.html)**International Criminal Court commences investigation into Lekki shooting**

<https://www.pulse.ng/news/local/icc-investigates-lekki-shooting/k1ljb3s>

**ACTION STEPS: review the existing Change.org petitions created by Nigerians**

[Hope Ogobuegwu](https://www.change.org/u/1136690017) started this **petition to The Nigerian Government**  
**#EndSARS** <https://www.change.org/p/the-nigerian-government-end-sars-in-nigeria>[Booger Red](https://www.change.org/u/1153091207) started this **petition to President and Vice President of Nigeria**  
**#EndPoliceBrutality** <https://www.change.org/p/president-and-vice-president-of-nigeria-end-and-demand-justice-for-police-brutality-in-nigeria>[Ayobami Arannilewa](https://www.change.org/u/983874354) started this **petition to Nigeria National assembly** , to **The President of the Federal Republic of Nigeria  
#ProtectNigerianYouth**  
<https://www.change.org/p/the-law-makers-of-the-nigerian-government-the-president-of-the-federal-republic-of-nigeria-to-disable-the-police-from-arresting-searching-the-youths-without-warrant-in-nigeria>

WATCH VIDEOS  
Documentary  
Re-Emerging: The Jews of Nigeria  
Official Trailer: <https://vimeo.com/37622733>  
  
Banky W - "Talk and Do" feat.   
2Baba, Timi Dakolo, Waje, Seun Kuti, Brookstone & LCGC (LYRIC VIDEO)  
<https://www.youtube.com/watch?v=Sg1bBaSvQ4w&feature=youtu.be> 

Youths Continue [#EndSARS](https://www.youtube.com/results?search_query=%23EndSARS) Protest In Abeokuta

October 19, 2020     <https://www.youtube.com/watch?v=WC8NP54gx_E>**Kristallnacht**  
<https://www.aish.com/ho/i/Kristallnacht--The-Night-of-Broken-Glass-An-Overview.html>

**--Write to government**

If you write the Embassy, Congress, Senate etc and you get FEEDBACK/REPLY please share it with us by email at [ZHBAwareness@gmail.com](mailto:ZHBAwareness@gmail.com)

**Nigerian Embassy in the USA**  
[http://www.nigeriaembassyusa.org](http://www.nigeriaembassyusa.org/index.php?page=the-embassy)**Ambassador Sylvanus Adiewere Nsofor**

Head of Mission

Email: [ambassadornsofor@nigeriaembassyusa.org](mailto:ambassadornsofor@nigeriaembassyusa.org)

Subject of email: End Silent Slaughter in Nigeria

Subject of email: End Silent Slaughter in Nigeria

**Senate Foreign Relations Committee: Republican Members**

1) James E. Risch, (R-ID), Chair

483 Russell Senate Office Building, Washington, DC 20510 phone: 202-224-2752  
<https://www.risch.senate.gov/public/index.cfm/contact>

2) Marco Rubio, (R-FL) Majority member

284 Russell Senate Office Building, Washington, DC. 20510 phone: 202-224-3041  
<https://www.rubio.senate.gov/public/index.cfm/contact>

**Senate Foreign Relations Committee: Democrat Members**1) Bob Menendez (D-NJ) **Ranking Member**   
528 Hart Senate Bldg., Washington DC 20510 phone: 202-224-4744  
https://www.menendez.senate.gov/contact

2) Ben Cardin, (D-MD) **Ranking Member**

509 Hart Senate Office Building, Washington, DC. 20510; phone: 202-224-4524  
<https://www.cardin.senate.gov/contact/email-ben>

**Members, House Foreign Affairs Committee (Republicans)**

1) Michael McCaul (R-TX) **RANKING MEMBER**2001 Rayburn HOB, Washington DC 20515 phone: 202-225-2401  
<https://mccaul.house.gov/zip-code-lookup?form=/contact/email-me>

2) Ann Wagner (R-MO) **RANKING Vice Member**2350 Rayburn HOB, Washington DC 20515 phone: 202-225-1621  
<https://wagner.house.gov/contact/email-me>

3) Christopher H. Smith, (R-NJ)  
 2373 Rayburn HOB, WASHINGTON DC. 20515, 202-225-3765  
<https://chrissmith.house.gov/contact/zipauth.htm>   
*(Fought to label ISIS' murder of Christians in Syria and Iraq genocide)*

4) Guy Reschenthaler (R-PA)  
531 Cannon HOB Washington DC 20515 phone 202-225-2065  
<https://reschenthaler.house.gov/zip-code-lookup?form=/contact/email-me>

**Members, House Foreign Affairs Committee (Democrats)**

1. Eliot Engel (D-NY), **CHAIRMAN Committee on Foreign Affairs**  
   2462 Rayburn HOB, WASHINGTON DC 20515, phone 202-225-2464  
   <https://engel.house.gov/email/>
2. 11) Joaquin Castro (D-TX) **VICE CHAIR**2241 Rayburn HOB , Washington DC 20515 202-225-3236  
   <https://castro.house.gov/contact>
3. Susan Wild (D-PA)   
   1607 Longworth HOB , Washington DC 20515 202-225-6411  
   <https://wild.house.gov/contact/email-me>

**HOUSE OF REPRESENTATIVES, COMMITTEE ON FOREIGN AFFAIRS  
Sub-committee on AFRICA, GLOBAL HEALTH, GLOBAL HUMAN RIGHTS and INTERNATIONAL ORGANIZATIONS**  
  
**CHAIRWOMAN:** KAREN BASS (D-CA)  
2059 Rayburn HOB , Washington DC 20515 202-225-7084  
<https://bass.house.gov/contact/email>

**RANKING MEMBER:**  CHRISTOPHER SMITH (R-NJ)  
 2373 Rayburn HOB, WASHINGTON DC. 20515, 202-225-3765  
https://chrissmith.house.gov/contact/zipauth.htm  
*(Fought to label ISIS' murder of Christians in Syria and Iraq genocide)*

Chrissy Houlahan (D-PA)  
1218 Longworth HOB , Washington DC 20515 202-225-4315  
<https://houlahan.house.gov/contact/>