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## "Mental Health Policy and Practice in Scotland: New Learnings in the Auld Country"

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## Wednesday, December 11<sup>th</sup> 11 a.m. 4217 Posvar Hall

Mental Illness is one of the top public health challenges in Europe as measured by prevalence, burden of disease and disability. It is estimated that mental disorders affect more than a third of the population every year, the most common being depression and anxiety. Featuring experts from Scotland, this presentation aims to describe how the Scottish government is tackling mental health and related issues, as understanding grows and the stigma of mental illness is decreasing.



This event has been made possible through generous support of the European Union, Department of Anthropology University of Pittsburgh | University Center for International Studies <u>www.ucis.pitt.edu/euce</u> Requests to be added to our flyer distribution list should be sent to <u>euce@pitt.edu</u>

